Assembly Script

This assembly script acts as a guide to delivering an assembly about cyberbullying and what your pupils can do to protect themselves from it.

There is a PowerPoint that compliments the assembly script, please do adapt this script and the PowerPoint to best suit your pupils and your school.

**Slide 1**

Welcome!

**Slide 2**

This week is Anti-Bullying Week, as part of the week today is ‘Stop, Speak, Support Day’. We are going to be focusing on what we can do to when we experience or witness cyberbullying.

**Slide 3**

Can anyone tell me what cyberbullying is?

*Ask pupils to put their hands up and pick some to give their suggestions.*

**Slide 4**

Those were all great answers! In short, cyberbullying is bullying that takes place using technology.

This could be using any digital device; a mobile phone, social media, instant messenger, chat rooms or even email.

**Slide 5**

Can anyone tell me who could be affected by cyberbullying?

*Ask pupils to put their hands up and pick some to give their suggestions.*

**Slide 6**

Thanks for all your suggestions! The true answer is that everyone can be affected by cyberbullying!

In fact, there are examples in the news all the time about how celebrities are affected by it. It is a very common problem.

It is something that we all need to understand how to reduce the risk of it happening to us and how to help each other if we do experience it.

**Slide 7**

So, what can we do?

The first thing we can do is ‘Stop’!

If you witness something happening online always stop and think before getting involved; there are usually better ways to help resolve a problem than getting involved yourself.

Secondly, you should always pause for a second before you post online. This gives you a chance to think about what you’re posting and ask yourself if it is the right thing to do. For example, you should always keep personal information such as your address private – even if you think the information is just available to your good friends, there is always a chance it could fall into the wrong hands.

**Slide 8**

The second thing we can do is ‘Speak’!

We should always speak-up if we’re experiencing or witnessing cyberbullying. You can do this in a number of ways: you can tell a teacher, a trusted friend or tootoot.

Remember, you can also send screenshots of the evidence to tootoot so that we can see exactly what has happened, this will help us make sure we can properly resolve the problem.

**Slide 9**

The final thing you can do is ‘Support’!

If you see someone being cyberbullied, you should send them a supportive message so they don’t feel alone. Offering support to someone that is experiencing cyberbullying often gives them the confidence they need to speak-up and resolve their concerns.

When you offer the support you should also encourage them to speak to someone who can help them such as a trusted friend, teacher or tootoot. And, if you are really worried about them remember that you should speak to a trusted teacher or put a message on tootoot for them.

**Slide 10**

We’ve talked a lot about tootoot today. But, what is tootoot?

Tootoot is something our school provides to you to give you an extra way to talk about anything that is making you feel unhappy or unsafe, no matter how big or small.

The messages you send are completely anonymous – unless you send a message that makes us think you are in danger, then we can reveal your identify.

Your message goes through to a trusted teacher within our school who can help you!

You can login using yourschoolname.tootoot.co.uk or download the app on your iphones or android phones.

If you can’t remember how to login please speak to ‘teachers name’ who will help you in the first instance.

**Slide 11**

Once you have logged in to tootoot you will see this box here, this is where you can type your problem. It might be that you’re worried about upcoming exams, or there might be something making you feel unsafe at school or home such as bullying or cyberbullying – there is nothing too big or small for tootoot.

**Slide 12**  
Once you have sent your message remember to check back, you will soon receive a reply from a teacher that will start the process to resolving your concern.

**Slide 13**

Time for reflection… think about how you will use stop, speak, support to make the internet a safer place to spend time.

**Slide 14**

Thank you for listening today. Does anyone have any questions about cyberbullying, Stop, Speak, Support or tootoot?