Anti-Bullying Week Assembly Script

Anti-bullying is at the heart of tootoot. Tootoot Co-Founder Michael Brennan was heavily bullied throughout primary and secondary school and this experience drove him to create tootoot, so young people have another way to speak-up and get the support they need.

This assembly is a great way to kick off your anti-bullying week celebrations and launch tootoot with, but it can be adapted to use at any time of the year.

**Top Tip ⭐️**

Set up a question on tootmood for pupils to answer before or after the assembly and get simple feedback about how the whole school are feeling. Check out ‘Tootmood Questions for Anti-Bullying Week’ on the resource page for inspiration.

**Slide 1**

Welcome to Anti-Bullying Week 2019!

This year’s theme is ‘Change Starts With Us’. Today we will be exploring the theme and learning how we can prevent bullying and make our school the happiest and safest place it can be.

**Slide 2**

What is bullying?

*Ask pupils to raise their hands with suggestions.*

**Slide 3**

Bullying is defined as:

The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

It can happen face-to-face or online and comes in many different forms.

**Slide 4**

Three in five young people have been bullied in school.

And one third of those people have been bullied online.

**Slide 5**

The number one most common reason why people experience bullying is because of attitudes towards their appearance.

**Slide 6**

Almost a quarter of people who have been bullied have had suicidal thoughts.

**Slide 7**

Raise your hand if you have ever witnessed bullying.

*This can be offline or online.*

**Slide 8**

Did you know that when bystanders intervene, they can stop bullying within ten seconds
over half the time?

**Slide 9**

We all have a responsibility to stop bullying.

Whether that is intervening at the time or through other methods of prevention.

The change starts with us [insert school name]

**Slide 10**

So, what can we do to be the change?

**Slide 11**

* **SPEAK-UP**
If you are being bullied or you suspect someone else is, tell an individual you trust or send a message on **tootoot.**
* **BE KIND**
The average young person spends eleven thousand hours in school. Do your part in making sure our school is a happy place for everyone.
* **CELEBRATE, DON’T DISCRIMINATE**
We are all unique, and what makes us different makes us beautiful. Life would be very boring if we were all the same! We should be inclusive and celebrate everyone, regardless of their gender, sexual orientation, race, religion, appearance or hobbies.

*Ask pupils for their ideas for preventing bullying.*

**Slide 12**

Tootoot is an app and platform that provides a safe and private way to report any worries anonymously to [insert school name or department].

**Slide 13**

To use tootoot you can go to [www.tootoot.co.uk](http://www.tootoot.co.uk) or use the app, just search for ‘tootoot’ and download.
On the website you will come to this page, then click login.

**Slide 14**

Then enter [school name]

**Slide 15**

Next enter your log in details

**Slide 16**

Finally enter your message and click make a noise

**Slide 17**

If you forget your tootoot login, please speak to ……………

**Slide 18**

Be the change.

Speak-up for yourself.

Speak-up for others.

Make a noise with tootoot.