# Assembly Script

**Slide 1**

Welcome!

Today we will learn about friendship. What it means and how it can be so important.

**Slide 2**

Why do we need friends?

*Ask pupils to put their hands up with suggestions. Encourage some examples of actual displays of friendship pupils may have experienced.*

**Slide 3**

Take a moment just to think about what makes someone a friend. How do you know they are a friend? How do they behave? How do they make you feel? What qualities do you like most about your friends?

**Slide 4**

Let’s see if any of the things you mentioned appear on the list.

*Go through the list*

Is there anything that’s been missed out? What other qualities could there be? What order of importance would the students put them in? Is there a correct order?

**Slide 5**

Ask the students what they think the quote means?

Again this is a chance to discuss and maybe come up with some of their own friendship examples.

**Slide 6**

Friends can sometimes fall out, disagree or have arguments. Do you think that means you’re not friends any more, if you have an argument?

*Encourage discussion*

Arguments and disagreements don’t necessarily mean you aren’t friends anymore. Indeed many arguments can happen precisely because you care so much about them. Perhaps you’re worried about them and concerned about something they are doing.

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And the true sign of a strong friendship is the ability to listen to, understand and forgive each other. The strongest and most long-lasting friendships will have had lots of rows and arguments in their time. But by talking openly and honestly, listening to and forgiving each other, the friendship will go from strength to strength. Communication is the key!

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Friends can be there for you during happy times – to help you celebrate an achievement. Or experience an event together like going to see a film, a live performance or a football match.

But true friends will also help you when you’re down or something’s upsetting you. They can support you by providing advice or guidance. Maybe you don’t need advice, you just need someone to listen. Or maybe you’d like your friends to distract you by making you laugh and cheering you up.

There are many different ways friends can be there for you.

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It can sometimes be difficult to talk about how you feel, even to a friend. It may be the case that it’s an argument with a friend that’s upsetting you and you need to talk to someone else about it. But talking IS important. So what else could you do if you had an issue but you didn’t feel like you could tell your friend?

*Go down the list*

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How can tootoot help?

Tootoot is a safe and private place to talk about anything that is worrying you.

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To use tootoot you can go to [www.tootoot.co.uk](http://www.tootoot.co.uk) or use the app

**Slide 13**

Then enter [school name]

**Slide 14**

Next enter your log in details

**Slide 15**

Finally enter your message and click make a noise

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We are always here to support and help you if there’s anything that’s on your mind.

Always tell a teacher, a friend or **tootoot** if something is making you feel unhappy or unsafe.

If you forget your **tootoot** login please speak to [INSERT NAME HERE]

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Any questions?